

# AUSTRALIA'S ATTITUDES TO YOUTH MENTAL HEALTH

2022

orygen

Results of a national Orygen/YouGov poll



## 80%

of Australians agree mental health should be a top priority for the next federal government



## 7 in 10

undecided voters see mental health as a pressing issue

## One-third



of respondents don't feel confident they could get help for a young person struggling with their mental health before it becomes a crisis



**40%** of people in rural areas are more likely to say they're not confident compared to 31% in metro areas

## Only one-third



of voters thought access to mental health treatment for young people was good

In contrast,

## 73% and 60%

of respondents respectively felt access to GPs and dental care was good



## Three-quarters

of voters aged 18-24 believe young people with serious mental illness are currently unable to access the specialist care they need



## 4 in 5 Australians

say there needs to be more government investment and services for youth mental health



## 85%

of voters say mental health services for young people should extend beyond headspace and GPs

## 1 in 3

people rate access to mental health treatment for young people as poor or very poor

