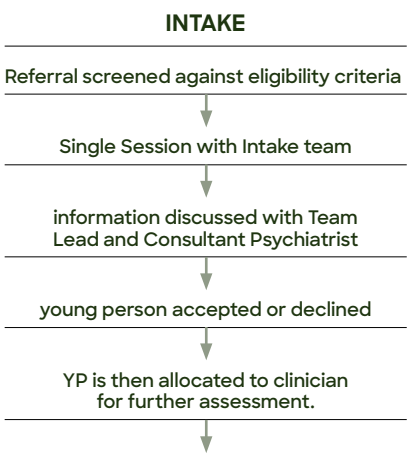


ELIGIBILITY CRITERIA

- Aged between 12 and 25
- Resides, studies, or works in Wentwest PHN region
- Experiencing, or at risk of experiencing, severe or complex mental health needs and functional impairment
- Consenting and able to engage in the YESS program
- Is medically stable and has a sufficient BMI for psychological work
- Associated complexity of presentation that can't be managed in a typical primary care setting (e.g. GP, private psychologist, school/university counsellor, headspace Centre, ReFrame)
- Those who are relatively new to mental health services, and have not already had significant treatment at a greater intensity than YESS, will be prioritised

KEY PRESENTING ISSUES

- Depression
- Anxiety
- Personality Disorders
- Trauma
- Emerging eating disorders
- Undiagnosed neurodevelopmental presentations
- OCD
- Bipolar Disorders



REFERRAL PATHWAYS

Self-referrals, family, various stakeholders (e.g., school, psychosocial supports); headspace Centres, headspace Early Psychosis, Safe Haven, ENABLE, NSW Health Services.

YOUNG PERSON MEETS ELIGIBILITY FOR SERVICE



GOALS

Program goals: To help improve young people's wellbeing and functioning through a person-centered approach and a trauma informed lens.

Young people's goals: Varies based on people's needs and readiness.. The goals are formed collaboratively between young people and their respective clinician, and are reviewed every three months.

WAITLIST

Dependent on demand

If a young person has supports in place they will continue with these temporarily

If a young person does not have current supports, they can receive fortnightly check in calls from the YESS WS intake team

YOUTH ENHANCED SUPPORT SERVICE

Western Sydney
Lead agency: Uniting

ENHANCED ACCESS

- Outreach appointments in the community as needed
- Access to telehealth as required
- Monday to Wednesday (9:00 am -5:00 pm)
- Thursday to Friday (11:00 am to 7:00 pm)

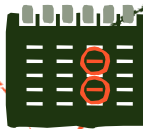


THERAPEUTIC SUPPORTS:

- Case management provided by allocated clinician who also provides therapeutic support with weekly to fortnightly sessions
- Psychological interventions
- Psychometric assessments
- Group therapeutic programs for Dialectical Behavioural Therapy (DBT) and Radically Open - Dialectical Behavioural Therapy (RO-DBT)
- Peer work
- Medical care
- Parent/carer specific support

CASELOADS

15-25 young people across 0.9 FTE



DURATION OF CARE

Up to 12 months of care

STAFFING PROFILE

Team Leader - Clinical Psychologist - 1 FTE	1 GP - 0.2 FTE
3 clinicians - Registered Psychologists - 3 FTE	Consultant Psychiatrist - 0.4 FTE
1 Peer Worker - 1 FTE	Intake clinician - 1 FTE
	Admin - 1 FTE
	Relationship Counsellor - 0.2- 0.4 FTE

PARTNERSHIPS AND INTEGRATION

- Weekly meeting with other services in Western Sydney to discuss referral pathways.
- Currently have links to other services such as Youth Hub (Homelessness services); Commonwealth Psychosocial Supports (CPS); AOD Services etc..

PROGRESS MONITORING

- K10+
- Personal Wellbeing Index (PWI-A/PWI-SC)
- Completed at the beginning, and every 3 months until the end of their episode of care.



PRIVATE THERAPIST USING MENTAL HEALTH CARE PLAN

PRIVATE PSYCHIATRY SUPPORT

NDIS

OTHER SPECIALIST SERVICES SUCH AS VICTIMS OF CRIME

DISCHARGE