
COGNITIVE ANALYTIC THERAPY PRACTITIONER TRAINING COURSE YEAR TWO

COURSE SCHEDULE 2026

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WORKSHOPS

Each day will run from 9.30am-4.30pm. Registration commences at 9.15am.

Location: Orygen, 35 Poplar Road, Parkville 3052. Note that this may change to an online format in certain circumstances.

Catering: This training is not catered for, however, there is a café on-site for purchase of drinks, snacks or meals.

DAYS ONE AND TWO:

Wednesday, 18 and Thursday, 19 February.

DAYS THREE AND FOUR:

Wednesday, 6 and Thursday, 7 May.

DAY FIVE:

Thursday, 18 June.

DAYS SIX AND SEVEN:

Wednesday, 26 and Thursday, 27 August.

DAYS EIGHT AND NINE:

Wednesday, 25 and Thursday, 26 November.

COURSEWORK

1a. Seminar presentation – group 1: Day three (Wednesday, 6 May).*

- Detailed plan and reading (4 weeks before): Wednesday, 8 April, 9am.*

1b. Seminar presentation – group 2: Day five (Thursday, 18 June).*

- Detailed plan and reading (4 weeks before): Thursday, 21 May, 9am.*

1c. Seminar presentation – group 3: Day six (Wednesday, 26 August).*

- Detailed plan and reading (4 weeks before): Wednesday, 29 July, 9am.*

2. Case study assignment:

Thursday, 25 February 2027, 9am.*

REVOLUTION IN MIND

3. Student study session (SSS) group reflective journal:

- SSS1: Thursday, 11 June, 9am (before Day five).*
- SSS2: Wednesday, 19 August, 9am (before Day six).*
- SSS3: Wednesday, 18 November, 9am (before Day eight).*

SUPERVISION EVALUATIONS AND CLINICAL LOGBOOKS

1. Mid-year supervision evaluation:

Friday, 31 July, 9am.*

2. End of year supervision evaluation and clinical logbook:

Friday, 29 January 2027, 9am.*

TRAINING PAYMENTS

1. First instalment payment:

Friday, 30 January, 9am.*

2. Second instalment payment:

Friday, 27 March, 9am.*

3. Third instalment payment:

Friday, 19 June, 9am.*

4. Fourth instalment payment:

Friday, 21 August, 9am.*

SUBMISSION GUIDELINES

Submit coursework, supervision evaluations and clinical logbooks to: training@orygen.org.au

Please follow guidelines found in the CAT Year 2 trainee Course Manual on naming and format of submissions.

LATE SUBMISSION FEE

A late submission fee applies to trainees who submit their CAT assignments, CAT supervision evaluation forms and clinical logbooks after the due date.

A fee of \$150.00 is payable for each late submission.

*Due dates are subject to change. Orygen takes no responsibility for expenses incurred as a result of changed dates.