



Sector-led advice on new and/or refined models of youth mental health care

PROJECT SUMMARY

The Department of Health and Aged Care has engaged Orygen to lead a diverse consortium to deliver sector-led advice to the Australian Government on the existing system and potential new and/or refined models of care for mental health services for young people aged 12 to 25 years.

The consortium includes: Orygen, dandolopartners, headspace National Youth Mental Health Foundation, the Brain and Mind Centre, University of Sydney, batyr, Department of General Practice and Primary Care (University of Melbourne), IPS Management Consultants, Mission Australia, Monash University Health Economics Group, ReachOut Australia, SANE, yourtown and Youth Focus.

Australia has developed and delivered world leading youth prevention and early intervention services and models over the last 20 years, such as enhanced primary care models, digital and blended (e.g., combined in-person and digital services) support, and development of youth-focused tertiary care models, creating youth-friendly inpatient services.



However, over the past decade, a 50 per cent rise in youth mental health conditions has placed additional strain on existing youth service models and potentially exacerbated barriers to accessing or receiving appropriate mental health care, including long wait times and insufficient capacity to address increasingly complex cases.

The aim of this project is to understand the current landscape of youth mental health services in Australia, what is being delivered, how it is being delivered, to who and where. This includes mapping services and identifying where gaps, challenges and issues exist. We will seek the experience, expertise and advice from stakeholders across the country to determine what could be changed, added, or removed to build a youth mental health system that can meet demand and deliver outcomes.

To achieve this, we will be seeking stakeholder feedback on the existing system, service map and the full spectrum of services across the stepped care continuum, the needs and preferences of young people including the unique experiences of young people from First Nations communities, the LGBTIQ+ community, rural and remote areas, multicultural communities, young people with disability, and families, carers and supporters.

Opportunities to contribute to this project include:

- An online submission process (survey) will be distributed via email and linked on the webpage below.
- In person sector roundtables in each state and territory, by invitation
- Nationwide youth consultations (online and face-to-face focus groups/interviews)
- Online consultations with Aboriginal and/or Torres Strait Islander led services and organisations
- Online consultations with family, carer and supporter networks
- Online discussion forums for sector stakeholders to provide expert and targeted advice, by invitation.



To be involved, or to learn more about the consultation, please email engagement@dandolo.com.au

or visit our webpage at www.orygen.org.au/Orygen-Institute/Models-of-Care-Consortium.

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Orygen acknowledges the Traditional Owners of the lands we are on and pays respect to their Elders past and present. Orygen recognises and respects their cultural heritage, beliefs and relationships to Country, which continue to be important to the First Nations people living today.



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