## headspace Sunshine: snapshot 2016-2017

## 1 in 4

young Australians will experience mental ill-health in any given year


6505
services were provided to young people

| 1229 | 736 | 338 |
| :--- | :--- | :--- |
| young | new | returning |
| people were <br> serviced | young | young |
| people | people |  |

5.1
average number of occasions of service young people receive


DEMOGRAPHIC
$29.2 \%$
$26.7 \%$
Culturally or
Linguistically
Liverse (CALD)
$4.1 \%$
Aboriginal and
Torres Strait
Islander

MAIN REASONS YOUNG PEOPLE CAME TO HEADSPACE


## PRESENTING ISSUES



## WHERE YOUNG PEOPLE VISITED FROM



The National Centre of Excellence
The National Centre of Ex
in Youth Mental Health

