



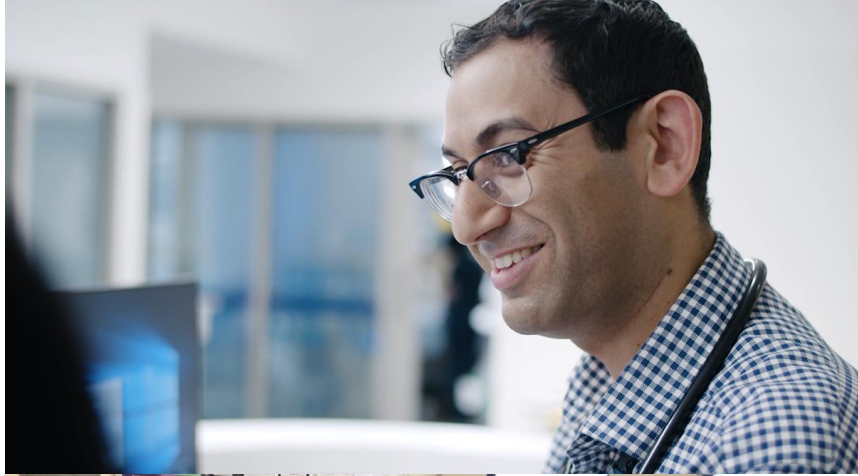
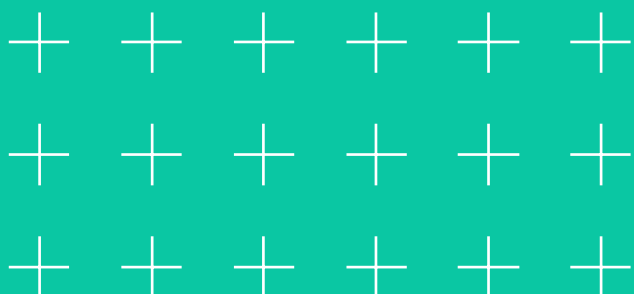
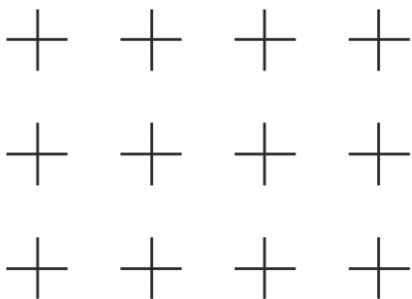
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everyday.

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Position Description

Registered Psychiatric Nurse

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

**Advancing health for everyone, every day.**

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability

## Position Description

<b>Position Title:</b>	Registered Psychiatric Nurse
<b>Service:</b>	Orygen YPARC, Clinical Services Reform
<b>Location:</b>	Parkville
<b>Reports To:</b>	YPARC Coordinator
<b>Enterprise Agreement:</b>	Victorian Public Mental Health Services Enterprise Agreement 2020–2024
<b>Classification:</b>	RPN Grade 3 (NP81 - NP83; NP74)
<b>Immunisation Risk Category:</b>	Category A
<b>Date of Review:</b>	July 2022

## POSITION SUMMARY

This position focuses on the emerging Youth Prevention & Recovery Care (YPARC) centre. The Orygen YPARC is a pivotal sub-acute program supporting young people transition to the community from inpatient psychiatric care, or to intervene early and prevent further deterioration that may lead to inpatient psychiatric care. YPARC will also support young people with substance-use issues. YPARC will become a pivotal component of service delivery within the evolving Orygen service system.

The Registered Psychiatric Nurse (RPN3) supports the provision of comprehensive clinical sub-acute mental health care for young people and families of the YPARC service.

The RPN3 will work with young people from a range of backgrounds and diagnoses to provide sub-acute care including risk assessment, mental state assessment, crisis management, psychoeducation related to illness and medication, care coordination, and partnering with young people and family/carers.

The RPN3 will provide shift-by-shift leadership and be the nurse in charge within the operations of the service. The role will play a key role in providing comprehensive care within the Orygen YPARC. They will demonstrate high standards of clinical care that are responsive to the young person's developmental stage and presenting issues and informed by existing evidence and guidelines. The RPN3 will lead a multidisciplinary team of clinicians, lived experience and wellbeing staff on a shift by shift basis.

The RPN3 will provide leadership in evidence-based mental health nursing care including physical and mental health assessment, risk assessment, interventions for managing side effects and monitoring physical health status during treatment and providing support and information from an evidence based best practice model of care fostering client centred recovery.

This role will also support the entry and exit transitions to the YPARC and participate in a variety of other YPARC life activities to ensure comprehensive and safe consumer and family/carer-oriented care is attainable. Further, they will demonstrate high standards of clinical care that are responsive to the young person's developmental stage and presenting issues and informed by existing evidence and guidelines.





- Manage and undertake mental health and risk assessment, psychological treatment, crisis intervention, family work and systems containment, for the client/carers/system
- Supporting evaluation of the Orygen YPARC, and fostering research projects within the service, building the evidence of the model for this sub-acute care modality for young people experiencing mental ill health and their families
- Seek feedback on your work including participation in annual performance discussion.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Comply with and support others to comply with Orygen's policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive.

## KEY SELECTION CRITERIA

### Formal Qualifications:

- Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
- Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor Degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.

### Essential:

- Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.
- Experience in working in multi-disciplinary teams
- Advanced clinical skills, including the assessment and management of high-risk clinical situations
- Demonstrated understanding of the Children, Young Person's and Family Act 2004, Mental Health Act 2014 and other Acts/ legislation relevant to working with young people in a mental health setting.
- Ability to take initiative and work independently with proven problem-solving capabilities
- Knowledge of the mental health system of care and in particular within a youth mental health context
- Proven ability in building and maintaining effective working relationships with a range of stakeholders both internal and external.
- Working knowledge of the common mental health and substance use issues faced by young people, and evidence-based treatments for major adolescent health issues.
- Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances particularly as it relates to young people.
- Highly developed organisational, administrative and time management skills
- Well-developed interpersonal and communication skills (verbal and written)
- A breadth of understanding of the different types of organisations involved in mental health and drug and alcohol service delivery to young people and to their support networks.
- The ability to utilise judgment and raise concerns with clinical team members and operational issues of concern and implement risk mitigation strategies as required
- Previous knowledge of and work within the framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.

An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.

Proficient computer skills with a demonstrated ability in word processing, PowerPoint and database programs, as required.

**Desirable:**

- Experience working in youth mental health services.
- Experiencing working in acute or sub-acute (PARC or Step Up/Step Down) or residential services
- Experience working alongside youth and family/carer/significant others participation processes
- An understanding of the current policy context for youth mental health nationally.

## KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements

## AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
- Are an equal opportunity employer, committed to providing a work environment free of harassment and discrimination. We promote diversity and inclusion in the workplace.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

## ACCEPTANCE

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

11/11/2019

Date \_\_\_\_\_