



## Position Description

### Summer intern program (four positions available)

<b>Location:</b>	Parkville
<b>Division:</b>	Strategy & Development
<b>Approved By:</b>	Director, Strategy and Development
<b>Date Approved:</b>	11 <sup>th</sup> September 2017

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#### 1. POSITION SUMMARY

The Summer Intern Program is an exciting opportunity for young people aged 17 – 25 years (for the duration of the program) to gain experience and exposure to the world's leading youth mental health research and knowledge translation organisation, Orygen, The National Centre of Excellence in Youth Mental Health.

Orygen's Summer Intern Program provides;

- A four week placement (three days per week) providing access to research teams, key policy and advocacy staff, clinical specialists and workforce trainers that have extensive experience working in the field of youth mental health.
- An opportunity to increase interns' knowledge and understanding of the youth mental health sector in Australia, with an emphasis on workforce development, research, policy and communications.
- Participants with a greater understanding of the types of research projects currently being developed in the growing area of youth mental health.
- An opportunity to develop a group presentation with support from Orygen's media and design team to present at Orygen's research meeting.
- To promote young people's understanding of the day to day operations of a Centre of Excellence.

## 2. What will the intern program cover

The Summer Intern Program runs three days per week (Wednesday, Thursday, and Friday) for four weeks and includes:

- Introduction to the Orygen executive team and organisational structure
- Orientation to all areas of the service; Research and Translation, Strategy and Development and Clinical (headspace)
- Weekly individual meetings with the Youth Participation Coordinator
- Q & A sessions with a variety of research teams
- Access to Orygen's Policy, Research & Translation, Media & Communications and Strategy & Development teams
- Support to work through a practical project and develop a presentation with our communications and design team

## 3. ORGANISATIONAL INFORMATION

Orygen, The National Centre of Excellence in Youth Mental Health is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people.

At Orygen, our leadership and staff work to deliver cutting-edge research, policy development, innovative clinical services, and evidence-based training and education to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

Our work has created a new, more positive approach to the prevention and treatment of mental disorders, and has developed new models of care for young people with emerging disorders. This work has been translated into a worldwide shift in services and treatments to include a primary focus on getting well and staying well, and health care models that include partnership with young people and families.

Our vision is for all *Young people to enjoy optimal mental health as they grow into adulthood.*

Our mission is to reduce the impact of mental ill-health on young people, their families and society by:

- Providing young people with emerging mental illnesses with stigma-free access to holistic, high quality and evidence-based clinical services.
- Developing better interventions, treatments and service systems in youth mental health through research.
- Supporting communities to better respond to mental ill-health in young people through public education and service development.

Our operating principles and values are:

- **Young people:** young people have the right to timely access to high quality, evidence-based, age-appropriate and respectful mental health care

- **Participation:** young people, families, and the community are key partners in improving young people's mental health
- **Evidence:** policy, practice and services in youth mental health should be informed by the best available evidence of what works
- **Innovation:** new approaches to prevention and care have enormous potential to improve mental health outcomes for young people
- **Optimism:** with appropriate supports young people can and do recover from mental ill-health and go on to achieve great things with their lives
- **Our people:** the quality and commitment of our team is integral to our success

Orygen has major collaborative partnerships with other research centres, and clinical-research organisations in Australia and around the world. These partnerships allow for the development and conduct of major research studies that will contribute to a better understanding of appropriate interventions and service systems for young people at different stages of mental ill-health.

Orygen partners with **headspace**: the National Youth Mental Health Foundation, and Orygen leads four headspace centres in the northern and western areas of Melbourne.

Orygen also partners with a specialist regional youth mental health service (Orygen Youth Health Clinical Program (OYHCP) run by Melbourne Health), which operates from the same site as Orygens main site at 35 Poplar Road Parkville. OYHCP offers specialist care to over 800 young people with serious mental disorders per annum.

The work of Orygen over the past decade has had a profound impact on early intervention and youth mental health, leading what could be argued is the most significant change in the mental health field during that time. This work has created a new approach and constructive attitude to the prevention and treatment of mental disorders, and new models of care for young people with emerging disorders. It has been translated into a world-wide shift in services and treatments to include a substantial focus on early intervention in health system approaches to mental disorders.

#### 4. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

##### 4.1 Essential

- Aged 17-25 years for the duration of the program
- Passionate about the area of youth mental health
- Ability to commit to the full term of the intern program – 3 days a week over 4 weeks.
- Intermediate computer skills
- Willingness to work in accordance with Orygen's privacy and confidentiality policies and procedures
- Current Working with Children Check (WWC) and National Police Check will be required

Please note young people who live outside Melbourne are welcome to apply for this program but will need to cover their own transport and accommodation costs.

## **5. POLICIES AND WORKPLACE PRACTICES**

All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.

It is expected that at all times, employees will:

- be respectful towards Orygen, supervisors and other colleagues, young people engaged in Orygen activities and their families, and the general public
- be aware of and work to the objectives of Orygen
- work collaboratively with all colleagues and external organisations engaged in Orygen activities
- act in a safe and responsible manner at all times

## **6. OCCUPATIONAL HEALTH and SAFETY (OHS)**

All staff are required to take reasonable care for their own health and safety and that of other personnel who may be affected by their conduct.

These include general staff responsibilities and those additional responsibilities that apply for Managers and Supervisors and other Personnel.

## **7. IMPORTANT DATES**

When: 31st January – 23rd February 2018 every Wednesday, Thursday and Friday from 10am – 5pm.

### **Please note:**

The Summer Intern Program is voluntary but participants will be provided with an allowance to cover lunch and travel costs within Melbourne.