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**MENTAL HEALTH NURSE**

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**JUNE 2022**

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<b>Location:</b>	headspace Sunshine
<b>Division:</b>	Primary Clinical Services
<b>Classification:</b>	Nurses Award (2010) Registered Nurse Level 4
<b>Employment type:</b>	Permanent Part time (0.6 EFT) position
<b>Position reports to:</b>	Clinical Services Manager

**1. POSITION SUMMARY**

Working within a multi-disciplinary team, the Mental Health Nurse provides clinical and mental health support for young people with moderate to severe mental health presentations including complexity and risk, with consideration given to supporting and working with the young person’s systemic supports. The Mental Health Nurse will work closely with GPs, psychiatrists and allied health staff to facilitate the provision of coordinated clinical care and treatment. Some aspect of the role may require adherence to the Australian Government Mental Health Nurse Incentive Program (MHNIP) guidelines.

The position will also contribute to achieving accreditation for the primary health clinical practice for headspace centre(s), including development of audit tools, policies and relevant documents associated with the accreditation criteria.

**2. POSITION CONTEXT**

Orygen delivers cutting-edge research, policy development, innovative clinical services, and evidence-based training and education for the mental health workforce to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

We are a complex organisation. Our activities and workforce are diverse and include:

- Five headspace centres in Craigieburn, Glenroy, Melton, Sunshine and Werribee that deliver primary clinical services to young people and are operated by Orygen.
- The Centre for Youth Mental Health, a University of Melbourne research and teaching department that is wholly seconded into Orygen. Centre staff are provided with Orygen email addresses and have the use of Orygen systems.
- Orygen Special Services, a tertiary clinical service that is operated by North West Mental Health, co-located with us at Parkville and Sunshine and whilst not under the governance of Orygen, works in close partnership with us.
- Orygen Digital, which develops and rolls out online clinical platforms that are fully integrated with ‘in-person’ clinical services.
- A training and development unit providing online and face to face training for the mental health workforce both nationally and internationally.
- A policy think tank drawing on Orygen’s research and clinical expertise and partnering and collaborating with key content experts from Australia and around the world to advise government policymakers.

- Centralised professional support functions enabling the organisation to achieve strategic and operational objectives.

### 3. ABOUT ORYGEN

<b>VISION</b>	Young people to enjoy optimal mental health as they grow into adulthood.
<b>MISSION</b>	Reduce the impact of mental ill-health on young people, their families and society.
<b>VALUES</b>	Respect, accountability, teamwork, excellence & innovation.
<b>COMMITMENTS</b>	First Nations people of Australia, young people and their families, LGBTIQA+ people & culturally and linguistically diverse people.

### 4. KEY RESPONSIBILITIES/OUTCOMES

The Youth Mental Health Nurse will:

- Provide co-ordinated services to young people with moderate to severe mental health disorders, including undertaking assessments and ongoing care in accordance with best practice and clinical guidelines for the treatment of that disorder.
- Provide information on physical health care to young people.
- Establish a therapeutic relationship with young people and significant others that facilitates the monitoring and review of young people's mental health state and informs timely multidisciplinary clinical review.
- If appropriate, use the Health of the Nation Outcomes Scale (HoNOS or HoNOSCA)) to measure and monitor symptoms and functioning in line with MHNIP requirements (i.e. every 90 days and upon exiting the program).
- Include family and carers as appropriate.
- Work closely with psychiatrists, GPs and allied health practitioners to facilitate the provision of coordinated clinical care for young people presenting with severe mental health disorders.
- Maintain close links and report to the referring GP or Psychiatrist in the development and review of young people's care and treatment goals as per MHNIP guidelines where required.
- Maintain accurate and timely case notes and records in approved database systems.
- Manage caseload of complex and 'higher risk' young people as per MHNIP guidelines which may include providing community outreach to young people.
- Liaise and build relationships with relevant health and community-based services to facilitate reciprocal referral pathways to and from **headspace**.
- Promote the **headspace** program, communicate regularly with, build and maintain collaborative working relationships with health and welfare agencies and the general community.
- Participate in and promote research and evaluation projects conducted at **headspace**.
- Participate in weekly multidisciplinary clinical review meetings.
- Provide staff supervision as required.

### 5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

#### 5.1 Essential

- Current Victorian Nursing Registration with Australian Health Practitioners Registration Agency (AHPRA).
- Credentialed Mental Health Nurse with the Australian College of Mental Health Nurses (ACMHN), or eligibility to become credentialed.

- Extensive experience in the provision of mental health care, including completion of mental health assessments, crisis intervention, psychoeducation and treatment interventions to young people experiencing severe mental health and/or substance use problems, including current evidence-based approaches.
- Understanding of the principles and issues relevant to coordinated, multidisciplinary team approaches in the provision of mental health services.
- Excellent verbal and interpersonal skills to effectively liaise, consult and negotiate with a wide variety of stakeholders including young people, families, GPs, psychiatrists and other stakeholders involved in mental health and relevant services.
- Demonstrated ability to work effectively in a multi-disciplinary team in a health setting.
- Commitment to supporting clinical research within the service.

## 5.2 Desirable

- Experience in the planning, provision and evaluation of group-based interventions for young people and their families/carers.
- Competence regarding information technology, software packages and willingness to be trained and implement data collection and clinical record software.

## 6. SPECIAL REQUIREMENTS

- Unrestricted right to live and work in Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.
- In line with Government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.
- Successful applicants will be required to provide proof of COVID-19 Vaccination prior to commencement.

## 7. ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name:	
Signature:	
Date:	