

## ONLINE YOUTH MENTAL HEALTH CLINICIAN

APRIL 2025

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### POSITION SUMMARY

Location:	QLD / VIC / WA Hybrid work – Remote / Work from Home + regular office attendance		
Functional area:	Orygen Digital		
Classification/ Salary:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1-2 + 11.5% super & \$15,900 NFP salary packaging		
Reports to:	Senior Clinician		
Employment type:	Part-time / Full-time (0.6 – 1.0 FTE)		
Employment length:	Ongoing - subject to funding		
Direct reports	0	Indirect reports	No

### POSITION PURPOSE STATEMENT

The Online Youth Mental Health Clinician will directly support young people using MOST in our established service roll out throughout Victoria, QLD, NSW, the ACT and WA, as well as supporting young people in our new venture to expand Nationally. Young people will be able to engage with clinical content and other appropriate features within MOST, such as social networking, and peer and vocational support.

The Online Youth Mental Health Clinician will also assist MOST users with other appropriate features within MOST, such as social networking, and peer and vocational support. This role is responsible for maintaining weekly contact with MOST users, via messaging, discussions on the online forums, text message or telephone contact.

#### What is MOST?

Orygen Digital has already developed world-leading youth mental health technologies. Our flagship Moderated Online Social Therapy (MOST) platform is the first single digital solution specifically designed to integrate with, and address, the key limitations of current youth mental health services. It has been designed with and for young people and existing services, providing clinicians with evidence-based tools that can be used across the diagnostic and severity spectrums and all stages of treatment. In response to the COVID-19 crisis in 2020, Orygen Digital's MOST platform has been

### REVOLUTION IN MIND

implemented in Victoria's youth mental health system and has expanded into other jurisdictions including QLD, NSW, the ACT and WA.

## POSITION FOCUS

	Key responsibility area	Percentage
1	MOST Engagement	70%
2	Supervision of young people using MOST	20%
3	Other	10%

## POSITION KEY RESPONSIBILITY AREAS

### 1. MOST Engagement

- Welcome and onboard young people to the MOST platform.
- Welcome families and young people on the Under 15's platform.
- Assist MOST users to effectively engage with clinical content and other appropriate features within MOST, such as social networking, peer and vocational support.
- Maintain weekly contact with MOST users via direct messaging, discussions on the online forums, text message, telephone, or video call.

### 2. Supervision of young people using MOST

- Maintain accurate records of engagement with young people.
- Monitor the safety of young people on the platform and respond as required.
- Communicate with face-to-face clinicians to ensure they are updated on their young person's involvement with MOST.
- Participate in regular supervision sessions with Senior Clinicians.

### 3. Other

- Participate in service development for the MOST service model for over 15's and under 15's platform collaboratively with other internal staff in support of young people, such as peer and vocational workers.
- Comply with and support others to comply with Orygen's policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive.
- Any other duties as reasonably requested by the Senior Clinician and/or Director, Orygen Digital.

## EDUCATION / QUALIFICATIONS

Essential	<ul style="list-style-type: none"> <li>• Tertiary qualifications in and current registration with one of the following allied health fields: <ul style="list-style-type: none"> <li>- <b>Psychologists:</b> General Registration with the Psychology Board of Australia (AHPRA).</li> <li>- <b>Occupational Therapists:</b> Registration with AHPRA and the Occupational Therapy Board of Australia. An approved degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy.</li> <li>- <b>Registered Psychiatric Nurses:</b> Registration with AHPRA and the Nursing and Midwifery Board of Australia. Bachelor degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.</li> <li>- <b>Social Workers:</b> An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.</li> </ul> </li> </ul>
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## EXPERIENCE / SKILLS

Experience / skills	<ul style="list-style-type: none"> <li>• An understanding of youth mental health systems and an ability to apply this knowledge to the Orygen Digital context.</li> <li>• Experience working in clinical settings within their local State or Territories youth mental health system.</li> <li>• Demonstrated sound ability to make decisions, solve problem, and risk manage, in relation to young person's treatment.</li> <li>• Demonstrated awareness of mental health and social issues, experience working with individuals experiencing crises, and experience working with high-risk clients.</li> <li>• Excellent computer skills including databases as required.</li> <li>• Strong working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and literature underpinning such approaches.</li> <li>• An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.</li> <li>• Knowledge of substance use, and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these.</li> <li>• Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.</li> </ul>
Personal attributes	<ul style="list-style-type: none"> <li>• Excellent written and verbal communication skills and demonstrated ability to facilitate a therapeutic alliance via digital means.</li> <li>• Passion for empowering young people to achieve their mental health goals.</li> </ul>

## KEY RELATIONSHIPS

Internal	<ul style="list-style-type: none"> <li>• Senior Clinicians</li> <li>• Peer Workers and National Peer Work Manager</li> <li>• Career Consultants and National Manager – MOST Career Programs</li> </ul>
External	<ul style="list-style-type: none"> <li>• MOST Users</li> <li>• Headspace centres</li> <li>• Orygen Specialist Services</li> </ul>

## SPECIAL REQUIREMENTS

<ul style="list-style-type: none"> <li>• <b>After hours and weekend work will be required: participating in a rotating roster across different shifts, including 12pm – 8pm AEST (if located in VIC or QLD), 10am-6pm AWST or 11:30am – 7:30pm AWST (if located in WA). Regular weekend and Public Holiday shifts are also required, which are rotated through all staff (3.5 hours Saturday and 2 hours Sunday, Public Holidays varied contingent on need).</b></li> <li>• Unrestricted right to live and work in Australia.</li> <li>• A current National Police Check will be required.</li> <li>• Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.</li> <li>• In line with government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.</li> </ul>
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## SAFETY, HEALTH AND WELLBEING RESPONSIBILITIES

Employees are required to comply with all workplace health, safety and wellbeing policies and procedures of Orygen.
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In addition, employees are expected to:

- Promote and demonstrate Orygen's high standards in relation to health, safety and wellbeing, championing a culture of safety in the workplace.
- Take responsibility for their own safety, health and wellbeing and for their colleagues and others they work alongside, as far as they are able.
- Follow policies, training and guidelines related to Workplace health, safety and wellbeing, including reporting of unsafe work practices, incidents, hazards and near miss events.
- Be committed to promoting and protecting the safety and well-being of all children and young people and embedding safeguarding practices into all our programs and services.
- You may encounter sensitive information related to mental health as part of your work. Being aware of this and how it could affect you and planning accordingly is essential.

## ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name	[insert name]
Signature	[insert signature]
Date	[insert date]