



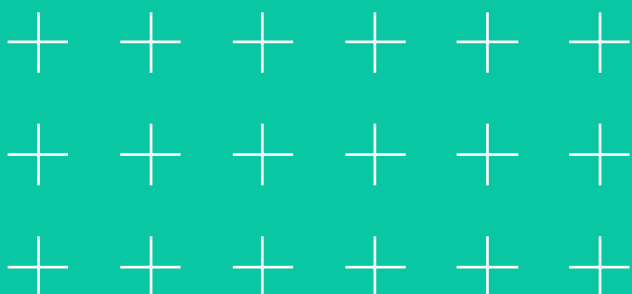
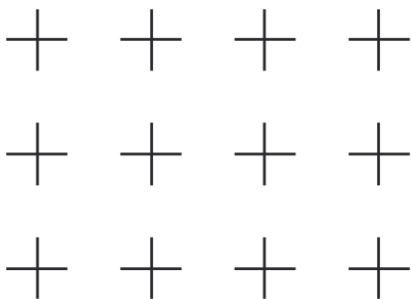
The Royal  
Melbourne  
Hospital

ory  
gen

Advancing  
health  
for everyone,  
everyday.

Could this be you?

Join The Royal  
Melbourne  
Hospital Team



Position Description

Clinical Specialist - OCD and Anxiety



Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

**Advancing health for everyone, every day.**

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability



## Position Description

<b>Position Title:</b>	Clinical Specialist - OCD and Anxiety
<b>Service:</b>	Orygen Specialist Program
<b>Location:</b>	Parkville
<b>Reports To:</b>	Program Manager; Deputy Clinical Director
<b>Enterprise Agreement:</b>	Victorian Public Mental Health Services Enterprise Agreement 2020–2024; Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Interest Enterprise Agreement 2021–2025
<b>Classification:</b>	Occupational Therapist Grade 4 (HR9-HR12) / Social Worker Grade 4 (HR25-HR28) / Registered Psychiatric Nurse Grade 5 (NP51) / Psychologist Grade 4 (PM1-PM5)
<b>Immunisation Risk Category:</b>	Category A
<b>Date of Review:</b>	July 2023

## PROGRAM DESCRIPTION

Orygen Specialist Program (OSP), a program of Melbourne Health, provides specialist mental health services for young people aged 15 to 25 and focuses on providing early intervention to young people with severe and complex mental illness. OSP also works alongside Orygen, the National Centre of Excellence in Youth Mental Health which operates four primary mental health care headspace services in the catchment area.

Multidisciplinary teams deliver individually tailored services that comprise assessment and crisis intervention, case management, medication, psychotherapy, family support, inpatient care, group work, vocational support, educational assistance, and intensive outreach. Specialist clinical streams offer targeted interventions for psychotic disorders (including young people at ‘ultra-high risk’ of psychosis), mood disorders, and personality disorders; and manage co-morbid substance use disorders, eating disorders, and neurodevelopment disorders. A forensic stream has been established to provide custodial and community justice services. Streams are supported by the Psychosocial Recovery program, Community Development program, and Orygen Training Team. Orygen also has a 19-bed Inpatient Unit, 15-bed Orygen @ Home program, Youth Access Team and emerging HOPE and YPARC programs making up the acute and sub-acute care sector. Additional information is available at [www.ovh.org.au](http://www.ovh.org.au).

Orygen highly values responsive services for youth in the western and northwestern region of Melbourne. Orygen programs are to be guided by evidence-based, culturally-safe and trauma-informed principles incorporating the diverse needs of all young people and families. This is especially important for those from LGBTQI+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations. Responsive and inclusive practices are at the forefront of all Orygen care.

## DEPARTMENT DESCRIPTION

Due to expansion of youth mental services and the need for early intervention specialist mental health service for young people presenting with Obsessive Compulsive Disorder (OCD), the Orygen Youth Mood Clinic (YMC)



The service operates over a number of sites and staff may be required to work from Parkville, Footscray, Wyndham, Sunshine, Melton, or other sites within the catchment. Ongoing commitment to improve service accessibility has seen the development of new sites, including the Sunshine Service, based within the Youth Hub and colocated with headspace, as well as satellite clinics in Wyndham and Melton. As these sites develop and more are considered, staff may be based at different sites dependent on the specific requirements of the position.

The Clinical Specialist is a key leadership role within OSP and will support the development and implementation of OCD and Anxiety evidence-based practice: identification, assessment and interventions across OSP. The role will support the emerging OCD and Anxiety workforce and will work collaboratively with the broader Orygen workforce in providing integrated care to young people with OCD and other mental health issues.

The role is responsible for the provision of high-level consultation, clinical leadership and management, advice on complex clinical matters, training and supervision of the multidisciplinary team.

- The provision of training, primary, secondary and tertiary consultation regarding integrated health care;
- Expertise and experience of working with families and young people with OCD and comorbidity in other mental health issues;
- Demonstrated high standards of clinical care that are responsive to the young person's developmental stage and presenting issues and informed by existing evidence and guidelines.

- Provide strategic clinical leadership and direction in development of a comprehensive service delivery model for the Clinical Stream interventions across OSP, in consultation with senior clinical and leadership team.
- Collaboratively design, develop and support the delivery of training packages across primary and tertiary care services.
- Contribute to the development and implementation of Orygen resources related to OCD and Anxiety.
- Provide specialist assessments of young people who present with OCD and Anxiety.
- Provide education and training regarding OCD and Anxiety to other OSP staff.
- Attend care plan and clinical review meetings.
- Participate in ongoing service improvement and professional development initiatives and activities.
- Contribute to organisation-wide and service/division initiatives and planning activities.
- Ensure direct reports receive regular feedback and participate in annual discussions.
- Ensure training needs of direct reports are identified and undertaken.
- Collaborate with the Continuing Care Coordinators and senior clinical staff to ensure clinical processes are effectively managed, including; allocation of clients, critical incident responses, clinical review, discharges, business and team meetings
- Ensure training needs of all staff and direct reports are identified and undertaken.



- ## KEY RELATIONSHIPS

## External

- 5/8



## KEY SELECTION CRITERIA

## Formal Qualifications

### Occupational Therapists:

- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
- An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).

*Social Workers:*

- An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.

*Registered Psychiatric Nurses:*

- Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
- Bachelor Degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing, Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent.

*Psychologists:*

- Registration as a Psychologist under the Australian Health Practitioner Regulation National Law Act (2009) with practice endorsement as a Clinical, Forensic or Clinical Neuro Psychologist with the Psychology Board of Australia (or eligibility to enter a registrar program as a clinical, forensic or clinical neuro psychologist with the Psychology Board of Australia where relevant).

### Essential:

- A minimum of 10 years' experience in the application of clinical practice in the mental health field and specifically with young people experiencing mental health disorders.
- Ability to work collaboratively and effectively with CAMHS/CYMHS services.
- Demonstrated competence, and significant interest, in the treatment of youth OCD and anxiety disorders.
- Demonstrated experience at a senior clinician/clinical coordinator or clinical experience within an autonomous role.
- Capacity to develop effective working relationships, collaborations and partnerships with a range of services within the broader community service system.
- Ability to participate in policy and service development within the program and in continuous quality improvement through ongoing evaluation of services delivered to clients.
- Ability to work independently and effectively within a multidisciplinary team, with evidence of sound conflict resolution skills.
- Ability to work collaboratively and effectively with young people and their families.
- Well-developed interpersonal and communication skills (written and verbal).
- Knowledge of the rationale and evidence for early intervention in mental illness.
- Ability to develop, implement and evaluate integrated client-centred individual service plans, risk assessments and diagnostic formulations.
- Understanding of the Children & Young Person's Act, Mental Health Act 2014 and other Acts/legislation relevant to working with young people in a mental health setting.
- Knowledge of relevant guidelines, plans and strategies related to the mental health service system (e.g. Victorian Mental Health Reform Strategy, National Standards for Mental Health Services).









ory  
gen



I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

/ / /

Date