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## POSITION DESCRIPTION

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### ONLINE CLINICIAN – MOST TRIALS

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<b>Location:</b>	Remote work (Work from home)
<b>Division:</b>	Orygen Digital
<b>Classification:</b>	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1-2
<b>Employment Type:</b>	Part-time (0.2 to 0.4 FTE) contract position available for 12 months
<b>Position reports to:</b>	Trial Moderation Coordinator, Orygen Digital

## 1. POSITION SUMMARY

The Online Clinician will primarily work on the Orygen Digital trials that are currently operating across multiple clinical sites in Victoria and interstate. Orygen Digital in collaboration with investigators from The Australian Catholic University and in conjunction with the Department of Computing and Information Systemsat, The University of Melbourne, developed a platform called Moderated Online Social Therapy (MOST).

This role will have primary responsibility for supporting participants using the MOST online platform within research studies as an Online Clinician, in accordance with research protocols. This role is also responsible for maintaining weekly contact with MOST users, via messaging, discussions on the online forums, text message or telephone contact. The Online Clinician will be required to work collaboratively with other internal and external staff in support of young people, such as peer and vocational workers, and other clinicians. They will be supported by the MOST team comprising of researchers and clinicians from the Orygen research programs.

#### What is MOST?

Orygen Digital has already developed world-leading youth mental health technologies. Our flagship Moderated Online Social Therapy (MOST) platform is the first single digital solution specifically designed to integrate with, and address, the key limitations of current youth mental health services. MOST integrates peer-to-peer on-line social networking, individually tailored interactive psychosocial interventions and involvement of expert clinical and peer moderators to ensure the safety of the intervention and support user engagement. The elements of the model have been applied to online systems targeting specific populations including first episode psychosis, youth depression and families of young people experiencing a mental illness. In response to the COVID-19 crisis in 2020, Orygen Digital's MOST platform has been supported by a \$6m grant from the Victorian Government to fast track its roll-out across the state, and a \$1m grant from the Telstra Foundation to iterate and improve the MOST technology platform.

## 2. POSITION CONTEXT

At Orygen, our leadership and staff work to deliver cutting-edge research, policy development, innovative clinical services, and evidence-based training and education to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health. Orygen Digital, the digital

mental health division of Orygen, require an experienced individual to provide online support to participants enrolled in our NHMRC funded trials.

Orygen Digital is the world leading centre developing, evaluating and disseminating engaging and evidence-based digital interventions that dovetail with current national and international service delivery models for all young people and their families.

### 3. ABOUT ORYGEN

<b>VISION</b>	Young people to enjoy optimal mental health as they grow into adulthood.
<b>MISSION</b>	Reduce the impact of mental ill-health on young people, their families and society.
<b>VALUES</b>	Respect, accountability, teamwork, excellence & innovation.
<b>COMMITMENTS</b>	First Nations people of Australia, young people and their families, LGBTIQ+ people & culturally and linguistically diverse people.

### 4. KEY RESPONSIBILITIES/OUTCOMES

The Online Clinician – MOST Trials key responsibilities will be to:

- Welcome and onboard research participants to the MOST platform;
- Assist MOST users to effectively engage with clinical content and other appropriate features within MOST, such as social networking, and peer and vocational support;
- Maintain weekly contact with all MOST users, via messaging, discussions on the online forums, text message or telephone contact;
- Maintain accurate records of contact with young people and relevant clinical information;
- Monitor the safety of young people on the platform and respond as required;
- Work collaboratively with other staff in support of young people, in particular other research trial staff, peer and vocational workers;
- Participate in regular supervision sessions;
- Maintain appropriate records, confidential files and general service documents;
- Liaise with participants' clinical support and families as required;
- Develop and maintain effective working relationships with clinical teams and other stakeholders;
- Assist with other research tasks and projects within Orygen Digital as required;
- Any other duties as reasonably requested, consistent with the classification of this position.

### 5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

#### 5.1 Essential

- A tertiary qualification in psychology or related mental health discipline;
- Previous clinical experience (student placement considered) in the provision of mental health care, as a coach, counsellor or Clinician (intern/clinical placement positions considered) in a digital mental health context;
- Demonstrated understanding of psychiatric diagnoses and disorders;
- Demonstrated excellence to adhere to research study protocols;
- Strong commitment to evidence-based practice;
- Developed knowledge of social and behavioural research methods;

- Excellent administrative and organisational skills;
- Ability to engage with a range of individuals including researchers, academics, clinicians and study participants;
- Demonstrated excellent written and oral communication skills;
- Proven ability to function effectively both autonomously and as a member of a multi-disciplinary team;
- Ability to prioritise workloads and meet deadlines, with the ability to simultaneously work on multiple tasks independently.

## 5.2 Desirable

- Demonstrated interest in digital mental health and technologies;
- Experience working with adolescents and young adults, and an appreciation of adolescent developmental issues;
- Accreditation/registration with the relevant professional body (e.g. AHPRA, AASW).

## 6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

The Online Clinician – MOST Trials will be expected to have:

- Excellent computer skills including databases as required;
- Working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches;
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions;
- Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these;
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.

## 7. SPECIAL REQUIREMENTS

- Unrestricted right to live and work in Australia;
- A current National Police Check will be required;
- A current valid Working with Children Check is required;
- After hours will be required and weekend work may be required;
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Orygen's Occupational Health and Safety policy;
- All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times;
- In line with current Government guidelines, this position will be based at home initially. As such a reliable internet connection will be required.
- Successful applicants will be required to provide proof of COVID-19 Vaccination prior to commencement.

**REVOLUTION IN MIND**